

SECTION V

2009

Boys and Girls CROSS COUNTRY HANDBOOK

SECTION V CROSS COUNTRY

I. RULES AND REGULATIONS:

Section V Cross Country will follow National Federation Rules (Rule 9, Sections 1-6) and all rules of eligibility found in the NYSPHSAA handbook.

II. GAMES COMMITTEE: (Boys and Girls):

The Games Committee is responsible for:

- A. Organizing and conducting class championships
- B. Conducting State Qualifiers
- C. Select a Jury of Appeals for sectionals

The Games Committee consist of:

- A. Boys Sectional Chairman
- B. Girls Sectional Chairman
- C. Chairman from each League

Any issues that require the Committee to vote shall use the following procedure:

1. Each chairman has one (1) vote for each boy/girl team in the league.
2. Each Sectional chairman has five (5) votes.
3. Sixty (60) percent will carry the vote.
4. Fifty (50) percent of the possible votes constitute a quorum.
5. League Chairman may send a proxy vote with a designated representative.

III. LEAGUE CHAIRMAN:

Monroe County

Mike DeMay: Rush Henrietta

Nate Huckle: Brighton

Livingston/Genesee

Andy Buckenmeyer: Alexander

Bernie Gardner: HFL

Jim Sattora: Pavilion

Finger Lakes

Carl Johnston: Wayne

Wayne

Kris King: Clyde-Savannah

Steuben County

Tim Lyons: Addison

Allegany

Bob Sprague: Cuba-Rushford

Private/Parochial

City/Catholic

Todd Stewart: McQuaid

League Chairman Duties:

- A. Will attend all meetings
- B. Will send all information to all schools in their league.

- 1. Sectional Classifications
- 2. Sectional Entries
- 3. Rules and Regulations for Sectionals
- 4. Any changes from Games Committee

C. Help administrate Sectional Championships

IV. SECTIONAL COORDINATOR:

- A. Conduct pre and post season meetings
- B. Review and revise sectional classes based on Section V criteria
- C. Make report to Athletic Council
- D. Make arrangements for State Meet participants
 - 1. Busing
 - 2. Meals
 - 3. Chaperones
 - 4. Transportation to/from State Meet
- E. Conduct Sectional Class Championships
- F. Serve on State Games Committee
- G. Report to Section V Athletic Council

V. SECTIONAL ELIGIBILITY

- A. May not start practice before approved starting dates set by New York State Section V and Leagues
- B. Must follow state requirements for practice and participation (See NYSPHSAA Handbook)
- C. Must run minimum of six (6) contests prior to Sectional (See appeal)
- D. Any modified runner moved up to varsity competition must be moved up prior to 50% of their schools modified schedule.

*** All appeals must be documented and sent to the respective Section V Chairman and League Chairman prior to the Sectionals for approval. All appeals must be signed by the coach and the Athletic director or Chief school officer.**

VI. SECTIONAL ENTRIES

- A. The number of entries will be regulated by the Games Committee.
- B. Each team will be allowed to enter ten (10) runners and will be allowed to run any seven (7) of those entered
- C. Entry form will be on line by the third week of October (or sooner) with the handbook
- D. All entries must be received by 12:00 noon on October 28, 2009
- F. Changes in entries may be made up to 12:00 noon Thursday November 5, 2009
- G. The Cross Country Sectionals are an open format. All teams and individuals are invited if they have met NYS standards
- H. The Sectional Committee has the right to rule on all extenuating circumstances

VII. SECTIONALS:

- A. Sectional sites will be recommended to the Athletic Council by the Games Committee for approval at the May meeting
- B. Sectionals will be the first Saturday of November.
Starting time will be voted on at April meeting
- C. Starting line positions will be assigned. 7 runners on the line.
- D. **Uniform Rule and Jewelry Rule will be strictly enforced. Any illegal runners or teams will be disqualified. (no face paint or other distracting apparel will be allowed).**
- E. Runners must wear assigned numbers on the front
- F. Scoring will be by Computer. Official results will be posted after each race
- G. Final results will be posted on the internet at the end of the day: sectionv.org website.
- H. ***This is a Championship Meet! Coached are expected to Supervise their athletes. No footballs, frisbees, etc.***
- I. ***Spectators are asked not to bring Dogs***
- J. ***Do not tour the course before the day of the race. Genesee Community College is private property.***
- K. **No Bikes allowed on the course during the meet.**
- H. **All vehicles will be charged to park on campus.**

VIII: DISQUALIFICATIONS/PROTESTS:

- A. All protests must be in writing, on form provided within 30 minutes of the conclusion of the race. Protests will be submitted to the section chairman.
- B. Jury of Appeals decisions are final.
- C. All scoring correction of team or individuals placement must be within 48 hours of the end of the meet.

IX. AWARDS:

- A. Trophy and certificate to team champion in each sectional class.
- B. Patches to top ten (10) individuals in each sectional class.
- C. Patches to members of winning teams (7)

*** Any extra awards are dependent upon financial support from outside organizations.

*** Awards ceremony will be at the designated times.

X. NEW YORK STATE CHAMPIONSHIPS

A. Qualifiers:

- 1. Overall winning team (8 runners maximum) and coach in each State CLASS AA, A, B, C, D will represent section V. (***D Representatives will be the winning team from the D/DD blends***)
No others without coordinator's approval.
- 2. Overall top 5 individuals not on the winning team, in each State CLASS AA, A, B, C, D will be represent Section V.
- 3. individual runners will be supervised by the sectional chairmen and section V chaperones.

B. NYSPHSAA AWARDS:

- 1. Championships plaque and medals to winning team
- 2. Medals to top 20 in each race
- 3. T-Shirt to the top 10 runners on the Championships Intersectional Team
- 4. The Sportmanship Awards will be selected from the athletes on Section V State Team.

C. Qualifying for NYS Federation:

- 1. Based on performance in NYSPHSAA Championships
- 2. Rankings throughout the year

XI. ALL SECTION V CROSS COUNTRY SELECTION PROCESS

The top 30 runners from the Section V blend results will be the all Section V team.

The results from the NYS Championship meet will dictate what team the runners finish on (first team, second team, honorable mention).

The runners time from the Section V meet will count $1/3$ and their time from the State meet will count $2/3$. The 10 runners with the lowest average time will be 1st team, the next 10 lowest averages will make 2nd team, and the 10 with the highest average will be honorable mention. A runner who is in the top 30 of the Section V blend and does not make the state meet will only be able to make honorable mention.

All runners on the Section V All Star team are invited to the Section V Banquet.