

## Wayne-Finger Lakes Coaches' "EARLY SEASON SCRAMBLE"

Here's a Chance to Run your Team in an Early Season,  
Non-traditional, Low-Key Format!

DATE: **Friday September 7, 2007**

PLACE: **Clyde Savannah H.S. Clyde N.Y.**

COURSE: 2000m and 5000m, mostly grass and wooded trails. One major hill on the 5000m course, spikes recommended.

COST: \$65 per School (This allows entry to both girls & boys races)

Divisions: Large schools (500 and above) Small School (under 500)

AWARDS: T-Shirts to Top 10 in each division of School Races  
Ribbons to 1-50 in School Races  
Ribbons to All Finishers in Open Race  
Plaque to Fastest Male/Female Runner of the Day  
**NO TEAM SCORING!**

ORDER: 4:00-4:30 Tour course  
4:25 short coaches meeting  
4:35 2,000 meter open run(Girls & boys Together)  
4:50 girls frosh/soph race ( both divisions, 5k)  
5:20 boys frosh/soph race (both divisions, 5k)  
5:50 girls junior/senior race (both divisions, 5k)  
6:20 boys junior/senior race (both divisions, 5k)

AWARDS WILL BE HANDED OUT IN THE FINISH CHUTE.  
Results posted as quickly as possible

Checks payable to: **FLHSAA (FINGER LAKES HS ATHLETIC ASSOC.)**

Send voucher/payment to: victor h.s. athletic office  
Victor high school  
Victor, ny 14564

Questions? Call bob goodell (585)289-3142  
sectionvgoodellb@earthlink.net

**SEND YOUR INTENT BY E-MAIL TO:**

**Bob Goodell/ Finger Lakes league chairman**

**[sectionvgoodellb@earthlink.net](mailto:sectionvgoodellb@earthlink.net)**

\_\_\_\_\_yes we will attend                      \_\_\_\_\_no we will not attend

**SCHOOL:**\_\_\_\_\_

**COACH:**\_\_\_\_\_

**COACHE'S E-MAIL:**\_\_\_\_\_

**ESTIMATED NUMBER OF RUNNERS:**

**OPEN RACE (BOYS AND GIRLS) \_\_\_\_\_**

**9-10 GIRLS \_\_\_\_\_**

**9-10 BOYS \_\_\_\_\_**

**11-12 GIRLS \_\_\_\_\_**

**11-12 BOYS \_\_\_\_\_**